

Food for the Spirit

LAZY CROCK POT LASAGNA

PREP TIME 15 minutes, COOK TIME 3 hours, 8 servings

- 1 lb lean ground beef
- 1 small onion, diced
- 2 cloves garlic, minced
- 1 1/2 teaspoons Italian seasoning
- Salt & pepper to taste
- 1 large jar (45 oz) high quality pasta sauce
- 4 cups mozzarella cheese
- 1 large package (25-30 oz) cheese & spinach filled ravioli (uncooked) *(or cheese ravioli)*



Brown ground beef, onion and garlic over medium heat until no pink remains. Drain any fat. Stir in Italian seasoning and pasta sauce. Cover and simmer 10 minutes. Spray the inside of a 6-7 qt crock pot with cooking spray. Layer sauce, ravioli and cheese. Repeat layers ending with cheese. Cover and cook on low 3-4 hours.